

| Flower/Herb | Variety | Medicinal | Cold Stratification | Seed Start Indo | Plant Outdoors/ | Perennial/Annual | Bloom Time | Bloom Color | Deer Resistant |
|------------------|----------------------|--------------------|---------------------|-------------------------------|-------------------------------|----------------------------|---------------------------|-------------------------|----------------|
| Amaranth Globe | Strawberry Fields | Yes | no | can be 2 weeks before | 2 weeks after last frost | Annual | Mid-summer/fall | red | yes |
| Amaranth | Hopi Red Dye | no | no | no | 1 to 2 weeks after last frost | Annual | mid-summer/fall | deep purple/red | yes |
| Apple of Peru | | no- do not consume | no | 4 to 6 weeks before | 2 weeks after last frost | Annual | summer | light purple/blue | yes |
| Ashwagandha | | Yes | no | yes/2 - 4weeks before | 2 weeks after last frost | Perennial to zone 6 | Mid-summer | Yellow/orange berries | yes |
| Aster | Peony Duchess | No | no | can be 4 - 6 weeks before | 2 weeks after last frost | Perennial/variety | summer/fall | apricot | yes |
| Bells of Ireland | | No | no | 8 weeks before last frost | 2 weeks after last frost | Annual but self sowing | Summer | green | yes |
| Bunny Tails | | No | no | no | 3 weeks before last frost | Annual | summer/fall | cream | yes |
| Calendula | Snow Princess | Yes | no | no | 2 weeks before last frost | Annual | summer/fall | yellow/white | yes |
| Calendula | Pink Surprise | Yes | no | no | 2 weeks before last frost | Annual | summer/fall | apricot/pink | yes |
| Calendula | Touch of Red Butter | Yes | no | no | 2 weeks before/2 weeks after | Annual | summer/fall | coffee/cream to coral | yes |
| Calendula | Strawberry | Yes | no | no | 2 weeks before/2 weeks after | Annual | summer/fall | pink | yes |
| Celosia | Cockscomb, Fuchsia | No | no | 4-6 weeks before | 1 to 2 weeks after last frost | Annual | late summer/fall | bright pink | yes |
| Celosia | Century Mix | No | no | 4-6 weeks before | 1 to 2 weeks after last frost | Annual | late summer/fall | cream, orange, red | yes |
| Feverfew | White Wonder | Yes | Yes - 4 to 6 weeks | 5-7 weeks before | 1 week after last frost | Perennial to zone 6 | summer | white | yes |
| Larkspur | Sublime Dark Blue | | Yes - 2 weeks | 5-7 weeks before | at last frost | Annual | spring/summer | Dark blue | yes |
| Marigold | Pesche's Gold | yes | no | 6 to 8 weeks before | 1 to 2 weeks after last frost | annual | summer/fall | Yellow/orange | yes |
| Miss Jekyll | Love-in-a-mist | no | no | no | at last frost | annual | Late Spring, Early Summer | lavender/light purple | yes |
| Mullein | common | yes | no | 6 to 8 weeks before | Sow seeds directly | biennial (produce 2 years) | summer | yellow | yes |
| Poppy | Chima Family He | no | no | no | sow 1 to 2 weeks before | annual | summer/fall | coral-pink | yes |
| Poppy | Double Mixed Sh | no | no | no | sow 1 to 2 weeks before | annual | summer/fall | rose, salmon, pink | yes |
| Poppy | Hungarian Blue E | no | no | no | sow 1 to 2 weeks before | annual | summer/fall | dark purple | yes |
| Poppy | Mother of Pearl | no | no | no | sow 1 to 2 weeks before | annual | summer/fall | white, lavender, & pink | yes |
| Strawflower | mix | no | no | 6-8 weeks before | 2 - 3 weeks after last frost | Annual | summer | white, yellow, pink | yes |
| Sweet Peas | Prince of Orange | no | no | Can start 4 to 6 weeks before | At last frost | Annual | summer | orange/mango | yes |
| Sweet Peas | Royal White | no | no | Can start 4 to 6 weeks before | At last frost | Annual | summer | white | yes |
| Yarrow | Achillea millefolium | yes | Yes - 4 to 6 weeks | 8 to 10 weeks before | 2 weeks after last frost | Perennial | summer | white | yes |
| Zinnia | Lilliput Salmon | no | no | 4-6 weeks before | 2 weeks after last frost | annual | summer | Salmon | yes |
| Zinnia | Queen Lime Red | no | no | 4-6 weeks before | 2 weeks after last frost | annual | summer | Maroon and lime | yes |